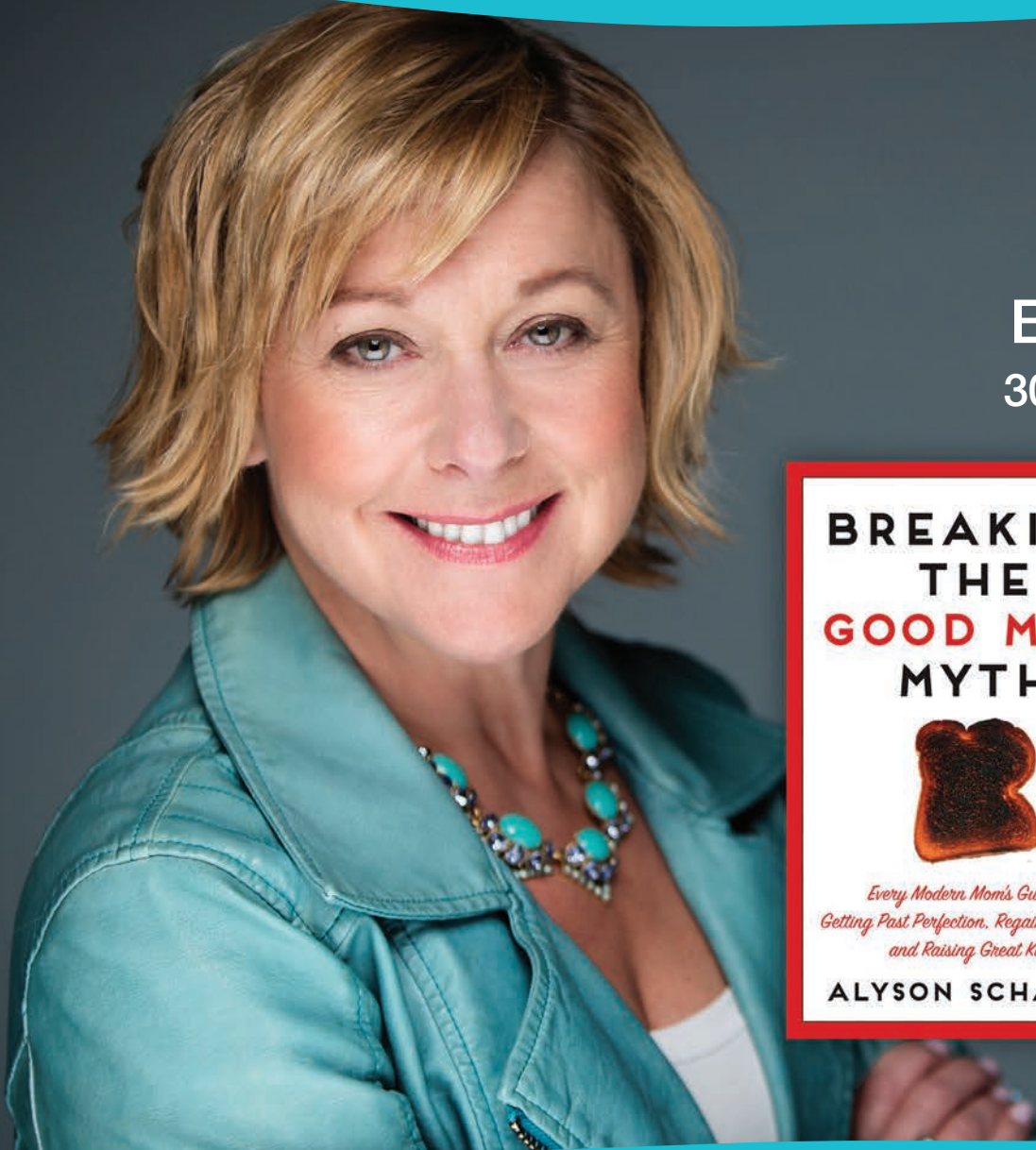


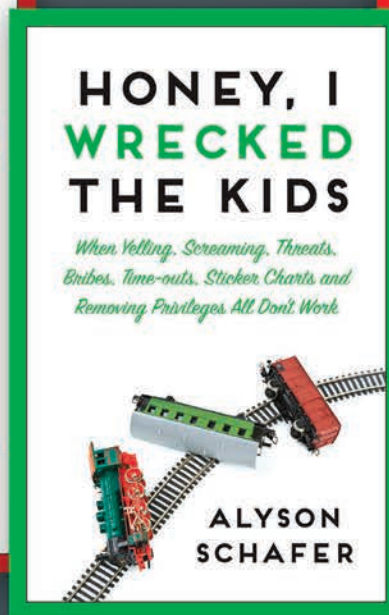
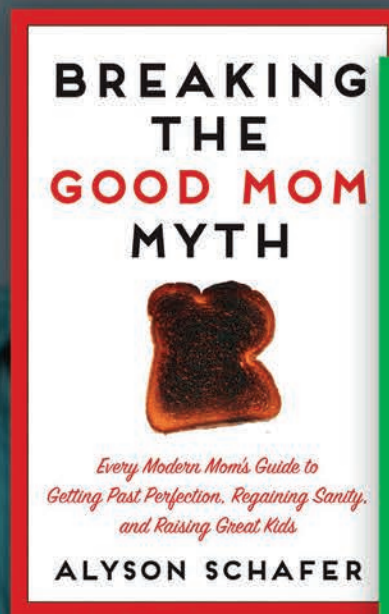


12TH ANNUAL 2019
VANCOUVER ISLAND PARENT CONFERENCE
CHANGE: IT'S HERE TO STAY



Saturday March 2, 2019
8:30 am to 4:00 pm

Belmont Secondary School
3041 Langford Lake Road in Langford



workshops & education on
RESILIENCE • EDUCATION • THE BRAIN • RELATIONSHIPS • SEXUALITY • TECHNOLOGY • ANXIETY

FEATURED SPEAKERS



ALYSON SCHAFER

Alyson is the international bestselling author of three parenting books: *Breaking the Good Mom Myth*; *Honey, I Wrecked the Kids*; and her latest, *Ain't Misbehavin'*. She has also been interviewed by publications such as *Cosmopolitan*, *Real Simple*, *Parent Magazine*, *Reader's Digest*, *Canadian Family*, *Oh Baby*, *Canadian Living*, *The Toronto Star*, *The Globe and Mail*, and *Metro News*. She was also an "Ask an Expert" Columnist for *Today's Parent* magazine. www.alysonschafer.com



ANN DOUGLAS

Ann Douglas sparks conversations that matter about parenting. She is the weekend parenting columnist for CBC Radio and the creator of Canada's bestselling series of pregnancy and parenting books, *The Mother of All* book series. In 2019, she will be releasing a brand new book—*Happy Parents Happy Kids*—and launching an online school for parents. www.anndouglas.ca

Registration: \$100 includes lunch and refreshments.
Registration deadline is Feb 17. Early bird rate: \$75 if registered by Feb 3.

For info updates or to register visit www.vipc.ca or email: info@vipc.ca



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